



# Convergence Newsletter

Nr 63 — January 2022

Welcome to this Convergence newsletter! The big thing in this newsletter is the invitation to spend Waitangi weekend at a luxurious holiday home in Lushington Bay near Akaroa, which is stunningly beautiful. It'll be a lovely gathering whatever the weather, last year we had a fabulous fun time together. We are also being offered a number of retreats in Christchurch and Golden Bay, for fun, connection and learning.

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## Convergence notices and newsletter

There is an email list for Convergence notices, which are sent out more often than the newsletter, and are better for news that can't wait. You can get more information and opt in here: <http://convergence.org.nz/notices>

Send notices you would like to have included to [mynotice@convergence.org.nz](mailto:mynotice@convergence.org.nz)

To receive the newsletters ask [info@convergence.net.nz](mailto:info@convergence.net.nz) for it (note the .org/.net difference!).

The newsletter is produced approximately 4–5 times a year (e.g. before working bees). Please send contributions for the next newsletter to [mynotice@convergence.org.nz](mailto:mynotice@convergence.org.nz). Upcoming newsletters and deadlines are announced on the notices list.

## Gathering near Akaroa — 4–7 February 2022

You're invited to a Convergence style gathering at David's family's holiday home right by the sea in Lushingtons Bay, near Akaroa. This'll be a great chance to keep the Convergence energy going, and catch up with convergees in a beautiful peaceful place. Vaccination passes required.

### Details

When? Friday 4 to Monday 7 February 2021.

Where? 107 Lushingtons Bay Rd, 1 of 3 houses in the bay

Food? Bring your breakfast, and food for shared lunches and dinners. 2 kitchens available.

Bring? Repellent, sun protection. Deck chair. Personal stuff + bedding. Photo ID.

Staying over? 5 bedrooms, 3 bathrooms, room for campervans, and flat lawn for tents.

### Activities

Swimming and boating! Walking, talking, connecting, sharing, eating, converging... Safe sandy beach for swimming. Deep sea caves to explore. Small yachts, kayaks, other watercraft available. Spectacular walking tracks to other bays.

More questions? Contact David on 021 670 451.

### Getting there

<https://osm.org/go/uonvyujQ?m=>

Turn off onto Takamatua Bay Road before Akaroa, then take Quail Crescent, then Kingfisher Road, then Kotare Lane, then Lushingtons Bay Road—2km along to the end, blue house on the right.

A 200m stretch on top of the cliff might not show as road on the map, but there is a drivable shingle road (through a gate), then 500m down the private road.

— David

## Celebrating New Year

Another lap around the sun, celebrated by many cultures as an end to the old and a chance and opportunity for the new. The Western calendar has just had this transition. We were all disappointed about missing another Convergence, and renewing old and making new connections and creating new habits. Nobody had to miss out altogether though, and could celebrate with others close-by with as much Convergence in their hearts as they wished.

We asked everyone to share their experiences, wherever they've been. This is what we received, and it's wonderful. If you celebrated too and wish to share and add to the variety, there's space in the next newsletter for it (email address at bottom of cover page).

### New Year at Tui

Reflections, written on the last day of the Tui New Year gathering by all who were there, summing it up in a flow...

... connecting with land, Tui people, ocean, sand, rocks, reconnecting with self, ceremony, awesome food, dance, John's jokes, better physical, food, awesome brain stuff, bringing Love, new beach and kayaking adventure, people energy, awesome fires, reconnecting with my fitness and progression, experiencing new people and natural places, swimming twice every day, being part of funny acts, friendship, inclusiveness, swimming, stays, connection, 24 hours every day having a YES, strengthening, balance, power of nature fire and water, village, autonomy, courage, community, connection, community and connection, friendly village, the power of nature, the fire and water elements, strengthening, the balance of autonomy, fun, us giving us courage, filling us with fun, friendly, deeply caring moving community, joy, ease of togetherness, we all have our part, playful 😊, making waves, held by water, wizzed up pulsing, flowing simply, service, transformation, difficult, appreciation, valued, connecting, exploration, grace, electric, joyful playtime, present, creative, enjoyable, dress-up, hard time—not present, scattered—flexibility, clarity, joy, personal breakthrough, expedition, gratitude, fear, BELONGING, angry, distractedness, gratitude, heart space, power, worked well, gratitude, things to work on, fun with kids, joy of collaboration, hot sauna, awesome meals, emptiness, more dance, easeful flow, sadness, individuality, joy, fracturing, connected, sleep, connexion, breaking free, friendship, laughter, and ease of being, drumming/drums, meeting with friends, living simply and close to/with nature, fire! and performance, beach times, heart sharing and things, food soo (soooooooooo) yummy!, suggestion e.g. carrot celery cucumber kids food, openness, appreciation of everything with Love, embracing the unknown, taking responsibility for my part, in the moment, sharing authentically creates connection with self and connection/intimacy with others, Love, good will, relaxing, inclusive, flow, received acceptance, flexibility, being ourselves, freedom, connection, ...

Plus, for one group: conformity, compliance, radical individuality, control, discipline, constipation, gremlinism, resolution/retribution, pill—if you choose, spread it all over the world.

— Tui team

## **New Year at Journey's End**

A small group of us had an amazing time over New Year at Journey's End, soaking up five days of sunshine, swimming, music, laughing, sharing, cooking, love, and getting to know each other better. It was wonderful and peaceful—quite a different energy to Convergence but just as lovely in a different way. The contrast left me very aware that while I love and very much miss the big annual gathering, that's not at all the most amazing part of Convergence to me. It's the people I've met and the friendships I've made that make Convergence such a joy. I've got to know so many wonderful people who've opened my eyes to a world I had no idea existed, a world of new ideas and approaches, where people are trying to build a new society through dance retreats, and sharing circles, and non-violent communication practice groups. These friendships and little gatherings are helping me explore and extend my life and I feel incredibly privileged to be part of them.

I've heard of several other gatherings this summer with convergees that people found just as wonderful. There's another coming up at Waitangi weekend near Akaroa. I hope to see a lot of you there—and I hope all of you find meaningful connections this summer, whether through such small gatherings or simply through family and friends.

— Rebecca

# Upcoming Embodied Freedom events in Christchurch

Please get in touch if you want to know more or sign up [admin@embodiedfreedom.co.nz](mailto:admin@embodiedfreedom.co.nz) .

All events take place at Linwood Arts and Eastside Gallery, 388 Worcester Street, Christchurch, [Open Street Map](#) (cnr Stanmore Rd).

Sign up: [admin@embodiedfreedom.co.nz](mailto:admin@embodiedfreedom.co.nz) .

Embodied Freedom, Workshops and Retreats <https://www.embodiedfreedom.co.nz> .

## Dare to express

*Fri 21 Jan 2022 6–9 pm*

Exploring the energy and information that lives in your feelings.



## Dance with your Box — Being — Gremlin

*Sat 22 Jan 2022 10 am–5 pm*

Dance With Your Shadow.

Build connection with the wild force inside you. Expose your habits and behaviours. What you know you can change.



## Healing day

*Sun 23 Jan 2022 10 am–5 pm*

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## Tui Tree Field events

Dear Convergence family, I want to inform you all that the “Gatherings” in the Tui events park will be going ahead. I am offering them as gatherings and if you want to be part of them please get in touch. Before each event I will get in touch with each person, to hear where they have been and if they are well. I am choosing this to make spaces available for us all to gather, heal, connect and dance.

You can find all on the website <http://www.embodiedfreedom.co.nz/events> .

Even in red we will be able to gather with 25 people. I am taking a stand for connection and community.

Embodied Freedom opens a door to be in a space that is beyond your day to day life. Where there is an opportunity to get to know yourself. Your feelings, your inner world. And then to meet others from that embodied, free and authentic space.

Aroha Sybille

### Inward

*7–9 Jan 2022, Tui Tree Field*

Responsible Manhood.

Sign up: Jay, [jaypheye@gmail.com](mailto:jaypheye@gmail.com)

### Unapologetically Alive

*10–13 Feb 2022, Tui Tree Field*

Women’s Gathering. <https://www.embodiedfreedom.co.nz/womensretreat>

Sign up: Sybille [sybille@embodiedfreedom.co.nz](mailto:sybille@embodiedfreedom.co.nz)

### Embodied Freedom Annual Retreat

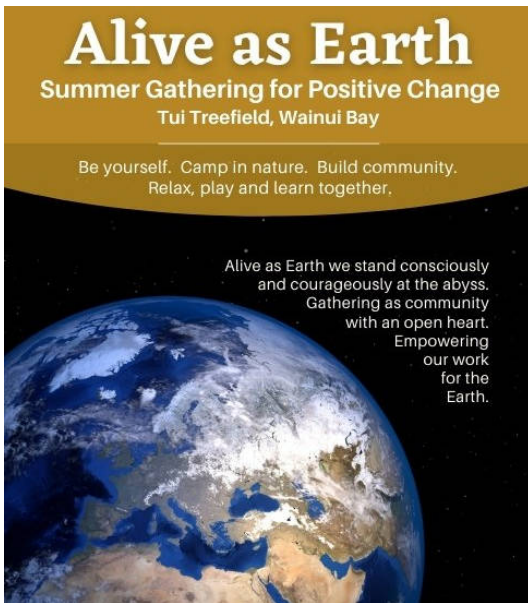
*23–27 Mar 2022, Tui Tree Field*

5 day men’s & women’s movement retreat, year 5. Super early bird tickets until 31 Dec. Limited numbers. <https://www.embodiedfreedom.co.nz/summerretreat>

Sign up: Sybille [sybille@embodiedfreedom.co.nz](mailto:sybille@embodiedfreedom.co.nz)







## Alive as earth

4–7 February 2022 Waitangi Weekend, Tui Tree Field, Golden Bay

Community Gathering for Positive Change.

Join Inna & Col in beautiful Wainui for nature immersion, community collaboration, creative explorations and empowerment of how to be alive as earth in this time.

<https://www.innaevolution.com/alive-as-earth>

## Retreat/holiday possibility in Golden Bay

We (Inna & Col) are going to be away and are renting our home at Tui Community from 10 February to 10 March to friends or “friends of friends”.

Beautiful wooden octagon house, 10min walk to the beach. Relaxation abundance.



The house is open plan living with 2 beds and 1 futon, plus a sleepout with queen bed. Can sleep 4 comfortably. Shorter and longer stays possible during this time. Price depends on duration of stay and nr of people. Minimum \$100/night plus some garden watering. Get in touch with Inna to enquire dates available: [tuiyoga@gmail.com](mailto:tuiyoga@gmail.com)



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