



# Convergence Newsletter

Nr 53 — June 2019

Welcome to this Convergence newsletter. It's exactly 6 months till the next opening ceremony — time's flying! In this newsletter, we reflect on what it means to be a Convergee in between Convergences, suggest a process for deciding the theme for the next Convergence (do let us know what you think), and have some great upcoming workshops. And the July Mini-Gathering is in 10 days' time. It's a chance for a nice long winter break and we hope to see lots of you there.

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## Convergence notices and newsletter

There now is an email list for Convergence notices, which are sent out more often than the newsletter, and are better for news that can't wait. You can get more information and opt-in here: <http://convergence.org.nz/notices>

Send notices you would like to be included to [mynotice@convergence.org.nz](mailto:mynotice@convergence.org.nz)

Contributions for the next newsletter can be sent to [mynotice@convergence.org.nz](mailto:mynotice@convergence.org.nz) . To receive the newsletters ask [info@convergence.net.nz](mailto:info@convergence.net.nz) for it (note .org/.net). The newsletter is produced approximately 4–5 times a year (before Mini Gatherings).

## July Winter Break

*Journey's End, Wed 10 – Sun 14 July*

This Mini-Gathering is extra-long so we can have a big bonfire of green waste. So give yourself a winter break and come stoke the fire!

There'll be warm cabins to sleep in and something to do for everyone and no matter what the weather. We're expecting to build more picnic tables, weed and mulch native trees, and keep painting the last parts inside Leigh Lodge. Come for as much or little as you like, e.g. a great day out. Bring your own breakfasts, and food to share for lunches and dinners.

## Choosing the theme for the upcoming convergence

Traditionally the theme of the upcoming Convergence is chosen at the July winter gathering. We'd hang around the fire, make a montage of the previous year's Convergence from photographs, and come up with a theme. But after the controversy regarding this system last year, it seems time to try something a little different.

So after much thought and soul searching (a conversation while out walking) we are suggesting the following process — and I guarantee that this will be better than the flag referendum.

Step one — you tell us now what theme you would like. You can just reply to the same email that the newsletter is sent from.

Step two — we take all the potential themes to the winter Mini Gathering and have a decision making process. Yes — so far this looks like the way things were done last year — but bear with me.

Step three — we take the top three themes voted on by the winter gathering and put them to the vote of the whole of Convergence, perhaps by survey monkey.

Step four — top voted theme wins.

We've also been thinking way ahead of ourselves (again that conversation) and we'd like to suggest that the theme of Convergence 2020 be set at the 2019 Convergence. There could be a workshop, it could be worked out at a morning meeting, or perhaps best after the closing ceremony, but at least you it would guarantee that people interested in Convergence would be there. Or again Convergence could come up with some themes then and put the top three to a wider vote later in the year so that everybody can have input.

— M

## Leigh Lodge

We have excellent news: Leigh Lodge will almost certainly available for Convergence! Yeah!!!!

It might even be available in spring for the October and December gatherings. For that to happen some flooring needs to be professionally laid, and several doors need painting. Which means that putting the bunk beds back together and fitting out the rooms can pretty much start now.

Is that an incentive to lend a hand in July? See you there! 😊

## Half-way thoughts

It's half way between two Convergences and I've been thinking about what Convergence is, in between the once-a-year festival. Convergence started as Towards 2000, and the founders said "It is without doubt if we do not change direction we will end up where we are headed."

This is as true now as it was in the 1980s.

Since I discovered Convergence, I've done a lot of reflection about where am I personally headed, and where the world is headed.

Convergence has changed my life's direction. It's brought me into a community of wonderful and interesting people, with great creativity. The friendship of Convergence people is incredibly important to me.

Convergees have opened my eyes to many things: much better ways of communicating, self-discovery through dance, greater self-responsibility, increasing confidence at expressing myself. They've changed my way of thinking about conflict, diversity and trust. Thanks to Convergence, I'm learning new ways of dealing with difficulties, other than my childhood's approach of ignoring problems and hoping they go away.

Large parts of New Zealand still seem to want to ignore problems. Yesterday's news informed me that NZ's household carbon emissions have increased in the last 20 years, which means we're bucking the world trend, and not in a good way. There's bad news about trends in inequality and racial intolerance too. In response, many people are still arguing about the scope of our problems and whose fault they are, rather than figuring out how to solve them and what we personally can do.

In that kind of setting, I hope the Convergence way of life can help us change our corner of the world and therefore, gradually, the whole world. Many Convergees, of course, are already doing this.

The Towards 2000 festival started with a vision that "we can change the present situation. We can live meaningful, joyful lives in a supportive creative community".

Let's keep supporting each other as we do that.

— Rebecca

## Mini Gatherings in 2019

Three more sleeps to Christmas... No, wait. Three more gatherings to Convergence. That's better. These are the dates for the remaining family weekends:

- 10–14 July (long, school holidays) — coming up!
- 18–20 October
- 6–8 December (Also BBQ, and final site prep for Convergence)

## Workshops

There are lots of things happening this winter. Check out the next pages and sign up before the early bird flies away.

# Enter 'BEING'

*Staveley Camp, mid Canterbury, Friday 23 August – Sunday 25 August 2019*

A residential retreat exploring mindfulness in motion.

Early bird price until Sunday 7 July is \$350. Full price is \$390.

“Life is the dance and you are the dancer.”

— Eckhart Tolle

The intention of this retreat is for participants to foster and develop genuine self-compassion through Open Floor dance — a delicious combination of conscious movement, mindfulness and exploration! This is an opportunity to take responsibility, and to take a step up, and into life!

- Discover what stops you from fully accepting yourself, right here, right now.
- Loosen your grip. Let go of ideas of how to move, how to be.
- Notice yourself. What is it to be a human 'being'... really?

Rhythm and dance is in our nature — it is shared by just about every culture. An Embodied Freedom experience is like a modern remix of tribal traditions of community, growth, celebration and gratitude! Physical embodiment creates emotional intelligence, and we develop emotional intelligence by being at home in our bodies.

Warm up your winter by coming to explore what it truly means to be YOU. Visit yourself and uncover your own unique gifts among the caring support of a connected group. This workshop incorporates Possibility Management tools alongside Open Floor Movement practice.

What is Open Floor?

It is a lively meditation practice that builds muscular and emotional intelligence. It is a dance floor discovery zone where we move and include: good days and tough ones, passion, hesitance, joy, sorrow, births, deaths and everything in between. There are no steps to learn and no way to do it wrong.

Sybille is a dedicated edge-worker and movement lover, passionate about the power of group work. She weaves her skills into Open Floor movement workshops and retreats to create transformational medicine, helping people to grow physically and emotionally within a community.

Ana is an explorer burning to understand how it works to be a human being and how relationship can succeed. Her passion is to accompany couples in their courageous journey for fulfilment and create spaces for individuals for the development of their own self-expression. Psychotherapist and Possibility Trainer.

Please secure your place here:

[https://docs.google.com/forms/d/e/1FAIpQLScigQ\\_JIWwYhrZ5HWOKCsqqkqds\\_3H0IQW\\_91q8Z\\_2KY55C-Xg/viewform](https://docs.google.com/forms/d/e/1FAIpQLScigQ_JIWwYhrZ5HWOKCsqqkqds_3H0IQW_91q8Z_2KY55C-Xg/viewform)

# ENTER 'BEING'

A residential retreat exploring mindfulness in motion

Staveley Camp, Mid Canterbury

23-25 August 2019



**"The power of noticing is the beginning of being... with that  
your being comes alive." - Sybille Feint**

Tutor: Sybille Feint, certified OpenFloor Teacher & team

Email: [Sybille@danceandshine.co.nz](mailto:Sybille@danceandshine.co.nz)

Full price: \$390

Early Bird: \$350

Open Floor is a modern blend of conscious movement, mindfulness  
and artistry. Everyone is welcome - no experience needed!

[www.embodiedfreedom.co.nz](http://www.embodiedfreedom.co.nz)



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# What Is Intimacy?

20 August 2019, 10–4.30

Venue: Woolston Community Library, 689 Ferry Road, Woolston, Christchurch

Bookings: [sybille@danceandshine.co.nz](mailto:sybille@danceandshine.co.nz)  
<http://embodiedfreedom.co.nz>  
<http://possibilitymanagement.nz>

Price: \$90

What does intimacy actually mean, and how can we create fulfilling relationships in our busy lives? If we are longing for connection then why are we scared to experience it?

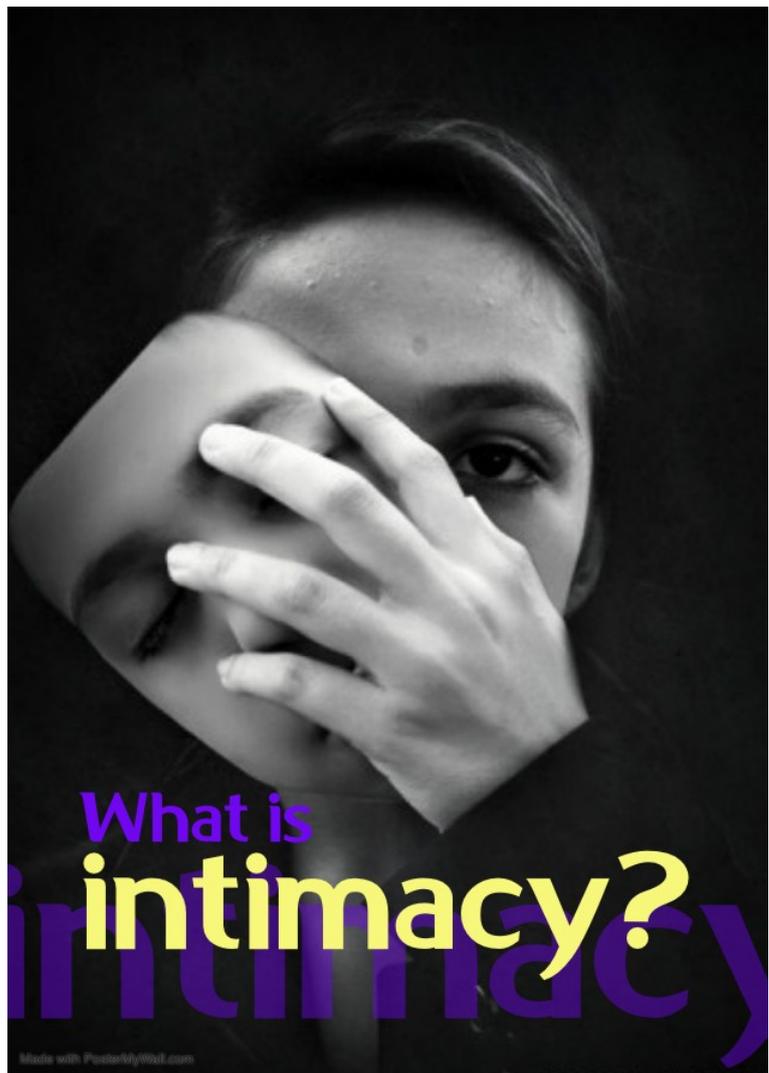
In this workshop we invite you to explore your own intimacy world in a non-sexual and safe space. Practice new tools, create clarity, and open doors through mindfulness in motion. Discover what more is possible.

Sybille Feint is a dedicated edge-worker and movement lover, passionate about the power of group work. She weaves her skills into Open Floor movement workshops and retreats to create transformational medicine, helping people to grow physically and emotionally within a community.

Ana is an explorer burning to understand how it works to be a human being and how relationship can succeed. Her passion is to accompany couples in their courageous journey for fulfilment and create spaces for individuals for the development of their own self-expression. Psychotherapist and Possibility Trainer.

Please sign up here:

<https://docs.google.com/forms/d/e/1FAIpQLScdbK3I86HvTsjR3UTfltrF5gnwVPe8qB4GPAzi6ufmuVUiQ/viewform>



# Take A Stand

21 August 2019, 10 – 4.30

Venue: Woolston Community Library, 689 Ferry Road, Woolston, Christchurch

Bookings: [sybille@danceandshine.co.nz](mailto:sybille@danceandshine.co.nz)  
<http://embodiedfreedom.co.nz>  
<http://possibilitymanagement.nz>

Price: \$90

Do you have trouble to say no? Or yes? To make clear boundaries in your life? To communicate clearly? To be present? This workshop is for people who are committed to discovering their essence, For those wanting to step up and take responsible action in their lives.

This is a collaboration between Open Floor movement practice and Possibility Management modalities. Creative soundscapes will help us to activate our physical bodies to embrace the pure energy of feelings.

Be supported to identify your inner resources in order to navigate and use them more effectively. What you have got is what you have created. And because you created it you can change it!

Empower yourself with the force of clarity. Take a stand for your life!

Sybille is a dedicated edge-worker and movement lover, passionate about the power of group work. She weaves her skills into Open Floor movement workshops and retreats to create transformational medicine, helping people to grow physically and emotionally within a community.

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Please sign up on this link

<https://docs.google.com/forms/d/e/1FAIpQLSf3jqefqbkvh05S7eb5zF5m4IAI9TPH2-e--z55RAAtBkwpDGg/viewform>





# GRANDMOTHERS HEALING HAKA

## POU UIRA

### Rhythm Day & Drum Haka Wānanga

### Activate Your Potential

### Friday 23 August – Sunday 25 August

**Pou Uira Healing Haka** provides a day and evening seminar, a weekend or a three-day wānanga and Marae experience to assist you to activate your potential and to get in touch with the divine energy that streams through yourself and all life. Elements presented include:

- Ways to integrate Te Taha Wairua into daily life to become more complete again.
- Body exercises, healing haka, rhythm, waiata, meditation and karakia.
- Going back to IO purapura, the pure essence of all existence.
- Enhancing our relationship with the pure essence within us.
- Teachings based on Te Ao Māori and universal laws of human existence.
- There will be time for questions, reflections and processing.

#### PRESENTERS:



**Ojasvin Kingi Davis** from the people of Ngaitupoto, Ngatihine and Ngapuhi. His whakapapa reaches back to the stream of Waitaha and during his upbringing he was immersed in his living culture. In 1998 he began studying Yoga of Integral Learning Intuitive Doing with his teacher Shin.

**Waimaania Iris Häusermann Davis** was born and raised in Switzerland with Rudolf Steiner schooling. She became a public teacher before studying theatre and dance. Since 2003 Iris has dived into the Maori culture, and was given her Maori name Waimaania after her Karanga studies.

**Both Ojasvin and Waimaania** are certified teachers for Yoga of Integral Learning Intuitive Doing from the school Min-I.L.I.T. They created the Grandmothers Healing Haka Integral Learning Practice, which they have been co-teaching around the world since 2004.

**Venue:** Taua Moana Marae (Jim Titchener Parade) Devonport, Auckland

**POU UIRA Drum & Rhythm Day:** Friday 9.30am - 9.30pm  
**\$130** (incl. all meals and Ceremonial Concert)

**POU UIRA Healing Haka Wānanga:** Friday 6pm - Sunday 4pm  
**\$250** (incl. all meals, Ceremonial Concert & Marae Accom.)

**POU UIRA both parts:** **\$330** (incl. all the above) Friday 9.30am - Sunday 4pm

**Payments to:** Kiwibank a/c GMHH TRUST 38-9011-0243922-03 or cheque to Grandmothers Healing Haka, PO Box 36503, Northcote, Auckland 0748

**Enquiries** gmhnhz@gmail.com or Fay Lilian 021 1811063

**Registrations:** *Ctrl+click* [Register Online](#) or email: [gmhnhz@gmail.com](mailto:gmhnhz@gmail.com) for form.

[www.grandmothershealinghaka.com](http://www.grandmothershealinghaka.com)

## 3 Months Mindfulness Retreat

*26 August – 10 November, in Refúgio Paradiso, Botucatu, Sao Paulo, Brazil*

Amazing Opportunity for Young Adults (20–35)

Mindfulness — Movement — Healing — Nature — Rituals — Community

With the intention to support young people to stand strong in their goodness and move well in these challenging times, we are offering this Immeasurable School of Wisdom and Compassion, a time for deep pause, in a friendly place, with experienced and gifted teachers.

We are delighted to share with you the programme that is taking shape.

More information here:

<https://www.immeasurable.co/post/announcing-the-programme>

Registrations and donation through the website: <http://www.immeasurable.co>

